

Landmark	Local name	Coordinates, latitude	Coordinates, longitude	Chinese name	Characters	Province	Road #	Kilometers	Kilometers, total	Pass	Altitude	Altitude, difference	Between hotels [mASL]	Between hotels [km]	Nights	Accommodation			📍	Web	
1	Beijing			Peking	北京	Peking	G4	0	0	No	52	0	0	0							
	Shijiazhuang			Shijiazhuang	石家庄	Hebei	G5	0	0	No	82	30									
	Taiyuan			Taiyuan	太原市	Shanxi	G20	501	501	No	788	706	736	501	1	Private room for 3 persons in Nature and Eco Lodge	€ 25	Xiyancun, Jiancaoping District, near Taiyuan	https://www.airbnb.nl/rooms/25007523?s=51		
	Jingbian			Jingbian	靖边县	Shaanxi	G2012	430	931	No	1137	349	349	430	1	Xiao Yang Farmhouse	€ 22	Zhangjiapanzhen, Jingbian, Yulin, Shaanxi, 718500	https://www.airbnb.nl/rooms/28290028?guests=1&adults=1		
	Zhongning			Zhongning	中宁县	Ningxia	G109	304	1235					304							
	Zhongwei	37.49914900000000	105.18026200000000	Zhongwei	中卫市	Ningxia	G70	52	1287	No	1184	47	47	356	1	2 persons room, loft in Scandinavian style	€ 28	Near to Ying Li Nan Jie, Shapotou Qu, Zhongwei Shi, Ningxia Huizuzhiqu	https://www.airbnb.nl/rooms/28992942?adults=2&guests=1		
	Jingtai			Jingtai	景泰县	Kansu	G6	128	1415												
	Shupingzhen			Shupingzhen	柳屏镇	Kansu	G6	127	1542												
	Xining			Xining	西寧	Qinghai	G6	204	1746	No	2275	1091	1091	459	1	IU Hotel	€ 14	No.113 Tong'an Road, Xining	+86 971 627 6555		
	Shatan	36.60570327683060	101.24606990906400	Shatan	沙灘	Qinghai	G214	64	1810	No	2758	483									
2	Riyuexiang / Tu'ergancun			Tu'ergancun	兔耳干村	Qinghai	G214	14	1824	No	3035	277	760		78	2	Taihe Hostel	?	Xidao Class 1 Hwy, Huangyuan Xian, Xining Shi, Qinghai Sheng		
	Riyue Mountain			Riyueshancun	日月山	Qinghai	G214	32	1856	Yes	3399	364									
	Hainan Toll gate			-	海南收费站	Qinghai	G214	61	1917	No	2886	-513									
	Qinggenhecu			Qinggenhecu	青根河村	Qinghai	G214	179	2096	No	3718	832	683		272	1	VXQG+RQ Hekazhen, Xinghai, Hainan, Qinghai	?	214 National Highway, Heka, Qinghai		
	Huashixiazhen			Huashixiazhen	花石峡镇	Qinghai	G214	122	2218	No	4230	512									
	Madoi			Matō	玛多县	Qinghai	G214	83	2301	No	4267	37	549		205	1					
	Xiewuzhen			Xiewuzhen	歇武镇	Qinghai	G214	282	2583	No	3851	-416									
	Yushu Dzong			Yushu Xian	玉树市	Qinghai	G214	46	2629	No	3633	-218	634		328	2	Aimahu Hotel	€ 30	No.6 Zhumu Road Yushu	+86 976 780 0777	
	Jyekundo			Gyêgu	结古镇	Qinghai	G214	5	2634	No	3700	67									
	Yushu Dzong			Yushu Xian	玉树市	Qinghai	G214	5	2639	No	3633	-67									
3	Xiewuzhen			Xiewuzhen	歇武镇	Qinghai	G307	46	2685	No	3851	218									
	Zhuqingxiang	32.11397458000000	98.85650722394460	Zhuqingxiang	竹庆乡	Sichuan	S217	266	2951	No	3879	28									
	217 Sheng Dao, Dege Xian, Ganzi Zangzuzhizhou	32.05296195251000	99.01029435838380	-	-	Sichuan	S217	0	2951	Yes	4552	673									
	Manigango			Manigangxiang	马尼干戈乡	Sichuan	G317	52	3003	No	3866	-686	233	374	1	Mani Gange Pani Hotel		317 National Road, Dege, Garze	+86 836 822 2788		
	Yulitong			317 Guo Dao - Dege Xian	玉里通	Sichuan	G317	45	3048	Yes	4235	369									
	Derge			Dégé	更庆镇	Sichuan	G317	66	3114	No	3240	-995	626		111	1	Golden Yak Hotel	€ 33	No. 43, Cha Ma Upper Street, Derge	+86 136 7836 9022	
	Babangxiang	31.64606250000000	98.79656249999990	Ba Bang Xiang	八帮乡	Sichuan	(4x4)	45	3159	Yes	3786	546									
	Derge			Dégé	更庆镇	Sichuan	(4x4)	45	3204	No	3240	-546	0	90	1	Golden Yak Hotel	€ 33	No. 43, Cha Ma Upper Street, Derge	+86 136 7836 9022		
	Rongdacun	31.70254231695870	98.91180870730650	Rongdacun	绒达村	Sichuan	(4x4)	80	3284	Yes	3713	473									
	Derge			Dégé	更庆镇	Sichuan	(4x4)	80	3364	No	3240	-473	0	160	1	Golden Yak Hotel	€ 33	No. 43, Cha Ma Upper Street, Derge	+86 136 7836 9022		
4	Ganzi			Garzé	甘孜	Sichuan	G317	204	3568	No	2551	-689		204	1	Golden Yak Hotel	€ 20	No. 8 Dajin Tan	+86 836 752 5188		
	Tuobaxiang			Tuoba Xiang	托拔群	Sichuan	S217	11	3579	-	3391	840									
	Raoluxiang			Rao Lu Xiang	绕鲁乡	Sichuan	S217	76	3655	-	3113	-278									
	Nyarong			Xinlong Xian	新龙县	Sichuan	S217	22	3677	-	3047	-66	-193	109	1	Danxia Hotel	€ 45	Intersection of Central Street and Renmin Road (Fortune Center Building), Xinlo	+86 836 812 8888		
	Junbaxiang			Junbaxiang	君坝乡	Sichuan	S217	76	3753	-	3148	101									
	Litang			Litang	理塘县	Sichuan	G318	77	3830	-	3956	808	909		153	2	Taozi Boutique Hotel	€ 24	No. 56 East Section of No.318 National Road, Litang	+86 836 261 8338	
	Kelaxiang			Kelaxiang	柯拉乡	Sichuan	G318	22	3852	-	3960	4									
	Honglongxiang			Honglong Xiang	红龙乡	Sichuan	G318	14	3866	-	4145	185									
	Vajiang			Vajiang	雅江县	Sichuan	G318	102	3968	-	2569	-1576									
	Xinduqiao	30.01793750000000	101.53543749999900	Xinduqiaozhen	新都桥镇	Sichuan	G318	76	4044	-	3461	892	-495	214	1	Xindu Bridge Sunshine Ge Boutique Guest House	€ 29	318 National Highway, Xiangyingguan Village, Waze	+86 133 5084 9002	https://xindu-bridge-waze-xiang-sunshine-ge-boutique-guest-booked.net/	
5	Zheduoshan Guanxuetai			318 Guo Dao - Kangding Shi	折多山观景台	Sichuan	G318	41	4085	Yes	4276	815									
	Kanding	30.04993750000000	101.96443750000000	Kanding	康定县	Sichuan	G318	32	4117	-	2799	-662			73	1	Kangding City Walk He Mayflower Hotel	€ 59	No. 69 East Street, Kanding	+86 28 8679 9941	
	Luding	29.64043750000000	102.12831249999900	Luding	泸定县	Sichuan	G318	55	4172	No	1543	-1256	-1256		55	1	A Thought Time Hostel	€ 12	Sichuan Sheng, Ganzi Zangzuzhizhou, Luding Xian	+86 836 326 6033	
	Xingouzhen			Xingouzhen	新沟镇	Sichuan	G318	51	4223	No	1563	20									
	Chengdu	30.68397240000000	104.07850750000000	Chengdu	成都市	Sichuan	G318	222	4445	No	499	-1064	-1044	273	2	Hello Chengdu International Youth Hostel	€ 12	No. 211, North Section Four, First Ring Road, Jinniu District, Chengdu 610081	+86 28 8335 5322	https://www.hellochengduhostel.com/en-gb	
	Xi'an			Xi'an	西安市	Shaanxi	G5	742	5187	No	385	-114	-114	742	2	Xinglong No.37	€ 14	No.37 Xinglong Lane, Wenchang Gate, Beilin District, Xi'an 710001	+86 135 1911 2215		
	Pingyao	37.18982200000000	112.17620599999900	Pingyao	平遥县	Shanxi	G5	503	5690	No	767	382	382	503	2	Air BnB - Hi Yard boutique B&B	€ 22	No. 7 Dong Guo Jia Xiang, Jinzhong, Shanxi	https://www.google.com/maps/place/Hi+Yard+Boutique+Hotel/@37.204666,112.18144,17z		
	Beijing			Peking	北京	Peking	G5	580	6270	No	52	-715	-715								
																	27				
	Note:																				
Route:																					
Altitudes found on:																					
Photos:																					
Jan Reurink																					
https://www.flickr.com/photos/reurinkjan/sets/72157614526724335/show/																					
Landmarks:																					
Landmark 1																					
Landmark 2																					
Landmark 3 (4x4)																					
Landmark 4																					
Landmark 5																					
Landmark 6 (4x4)																					
Landmark 7 (4x4)																					
Landmark 8																					
Landmark 9																					
Landmark 10																					
Landmark 10, alternative																					

Landmark	Local name	Coordinates, latitude	Coordinates, longitude
	Beijing		
	Shijiazhuang		
	Jingbian		
	Xining		
	Shatan	36.60570327683060	101.24606909906400
	Tu'ergancun		
	Riyue Mountain		
	Hainan Toll gate		
	Qinggenhecun		
	Huashixiazhen		
	Madoi		
	Xiewuzhen		
	Yushu Dzong		
1	Jyekundo		
	Yushu Dzong		
	Xiewuzhen		
	Manigangexiang		
	217 Sheng Dao, Dege Xia	32.05296195	99.01029436
2	Zhuqingxiang	32.11397458000000	98.85650722394460
	217 Sheng Dao, Dege Xia	32.05296195	99.01029436
	Manigangexiang		
	Yulitong		
	Dege		
3	Babangxiang	31.6460625	98.7965625
	Dege		
4	Rongdacun	31.70254232	98.91180871
	Dege		
	Garzê		
	Luhuo	31.40163172008910	100.67914719051400
	Nibaxiang	31.74828709982760	100.75505012761100

Chengdu

Xi'an

Beijing

Note:

Altitudes found on

Landmark 1	Jyekundo horse race	July, 25 = horse race
Landmark 2	Dzogchen Monastery	
Landmark 3	Palpung Monastery	
Landmark 4	Dzongsar Monastery	

Chinese name	Characters	Province	Road #
Peking	北京	Peking	G4
Shijiazhuang	石家莊	Hebei	G4
Jingbian	靖边县	Shaanxi	G20
Xining	西寧	Qinghai	G6
Shatan	沙滩	Qinghai	G214
Tu'ergancun	兔尔干村	Qinghai	G214
Riyueshancun	日月山	Qinghai	G214
	海南收费站	Qinghai	G214
Qinggenhecun	青根河村	Qinghai	G214
Huashixiazhen	花石峡镇	Qinghai	G214
Matö	玛多县	Qinghai	G214
Xiewuzhen	歇武镇	Qinghai	G214
Yushu Xian	玉树市	Qinghai	G214
Gyêgu	结古镇	Qinghai	G214
Yushu Xian	玉树市	Qinghai	G214
Xiewuzhen	歇武镇	Qinghai	S307
Manigangexiang	马尼干戈乡	Sichuan	G317
-		Sichuan	S217
Zhuqingxiang	竹庆乡	Sichuan	S217
-		Sichuan	S217
Manigangexiang	马尼干戈乡	Sichuan	G317
317 Guo Dao - Dege Xian	玉里通	Sichuan	G317
Derge	更庆镇	Sichuan	G317
Ba Bang Xiang	八帮乡	Sichuan	
Derge	更庆镇	Sichuan	G317
Rongdacun	绒达村	Sichuan	
Derge	更庆镇	Sichuan	G317
Gānzī	甘孜	Sichuan	G317
Luhuo	炉霍县	Sichuan	G317
Nibaxiang	泥巴乡	Sichuan	G317
317 Guo Dao, Sertar, Ganzi Zangzuzizhizhou		Sichuan	G317
		Sichuan	G317
		Sichuan	G317
		Sichuan	G317
		Sichuan	G317
		Sichuan	G317
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		Sichuan	G317
		Sichuan	G317
Chengdu	成都市	Sichuan	G317
Xi'an	西安市	Shaanxi	G5
Peking	北京	Peking	G5

http://elevation.maplogs.com/poi/manigangexiang_dege_garze_sichuan_china.99472.html

<https://earth.app.goo.gl/LEFkNX>

<https://earth.app.goo.gl/4dzuJz>

<https://earth.app.goo.gl/CGDRmq>

<https://earth.app.goo.gl/s8fw8Y>

Kilometers	Kilometers, Pass	Altitude	Altitude, difference
0	0 No	52	0
0	0 No	82	30
916	916	1137	1055
791	1707 No	2275	1138
63	1770 No	2758	483
14	1784 No	3035	277
32	1816 Yes	3399	364
61	1877 No	2886	-513
179	2056 No	3718	832
0	2056 No	4230	512
0	2056 No	4267	37
0	2056 No	3851	-416
515	2571 No	3633	-218
5	2576 No	3700	67
0	2576 No	3633	-67
0	2576 No	3851	218
227	2803 No	3866	15
0	2803 Yes	4552	686
52	2855 No	3879	-673
0	2855 Yes	4552	673
52	2907 No	3866	-13
0	2907 Yes	4235	369
109	3016 No	3240	-995
45	3061 Yes	3786	546
45	3106 No	3240	-546
80	3186 Yes	3713	473
80	3266 No	3240	-473
0	3266	2551	-1235
96	3362 No	3162	611
17	3379 No	3224	62
0	3379 Yes	4266	1042
0	3379 No		
0	3379 No		
0	3379 No		
0	3379 No		
0	3379 No		
0	3379 No		
0	3379 No		
0	3379 No		
0	3379 No		
0	3379 No		
586	3965 No	485	
742	4707 No	385	
1110	5817 No	52	

Accomodation

IU Hotel	€ 14
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Aimahu Hotel	€ 30
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Mani Gange Pani Hotel	
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Mani Gange Pani Hotel	
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Golden Yak Hotel	€ 33
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Golden Yak Hotel	€ 33
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Golden Yak Hotel	€ 33
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No.113 Tong'an Road, Xining

+86 971 627 6555

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Web